

PATIENT CONDITION

What is your major complaint ? _____

When did your symptoms first appear? _____

Have you had these symptoms before? Y N When? _____

Is this condition getting progressively worse? Y N Unknown

Circle the severity of your pain on a scale from 0 (no pain) to 10 (severe pain) 1 2 3 4 5 6 7 8 9 10 10+

Type of pain: _____ Sharp _____ Dull _____ Throbbing _____ Numbness _____ Aching
 _____ Shooting _____ Burning _____ Tingling _____ Cramps _____ Stiffness
 _____ Swelling _____ Other _____

How often do you have symptoms of this condition? 0%-----50%-----100%

Is your pain constant **or** does it come and go? Explain _____

Does it interfere with your: _____ Work _____ Sleep _____ Daily Routine _____ Recreation
 _____ Other _____

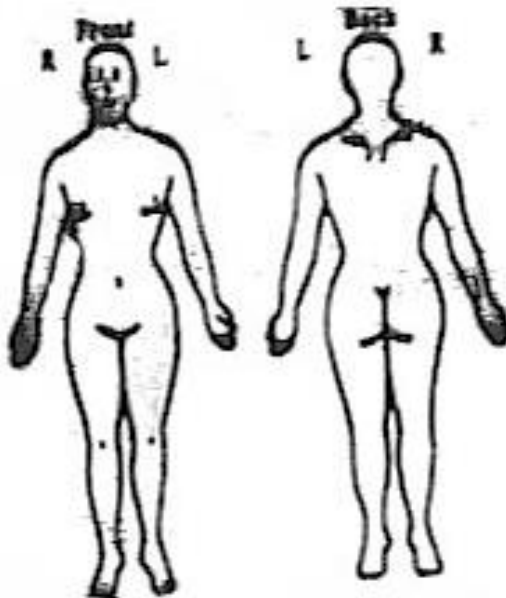
What irritates your condition: Sitting Standing Walking Bending Lying Down

Other _____

What decreases your symptoms? _____

Does your condition interfere with sleep? Y N I sleep on my(circle all that apply): Back Side Stomach

Mark a circle where you have numbness or tingling. Place an X where you have pain or discomfort.



PERSONAL HEALTH GOALS

What personal health goals would you like to achieve?

<input type="checkbox"/> Symptom Relief Only	<input type="checkbox"/> Health Care	<input type="checkbox"/> Wellness Care
I am only interested in minimizing my immediate symptoms and reducing pain.	I am interested in reducing pain, minimizing my immediate symptoms as well as stabilization to help prevent reoccurrence in the future.	I am interested in addressing my immediate symptoms and stabilization. I am also interested in making healthy habit and lifestyle decisions to maximize my overall health and potential.

HEALTH HISTORY

What treatment have you already received for your condition? (Check all that apply) ___Chiropractic Services
 ___Physical Therapy ___Medication ___Surgery ___None ___Other_____

Name and location of other doctor(s) who have treated you for your condition:

Have you had X-rays or an MRI in the last 12 months? Y N Where?_____

Have you been to see a chiropractor before? Y N Please list:_____

Place a check beside any of the conditions listed below which you have currently or had previously.

Current / Past	Current / Past	Current / Past
<input type="checkbox"/> Allergies	<input type="checkbox"/> Ear Ache	<input type="checkbox"/> Osteoporosis
<input type="checkbox"/> Anemia	<input type="checkbox"/> Ear Noises	<input type="checkbox"/> Painful Urination
<input type="checkbox"/> Arm Pain	<input type="checkbox"/> Emphysema	<input type="checkbox"/> PMS
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Endometriosis	<input type="checkbox"/> Poor Appetite
<input type="checkbox"/> Asthma	<input type="checkbox"/> Failing Vision	<input type="checkbox"/> Prostate Trouble
<input type="checkbox"/> Backache	<input type="checkbox"/> Fainting	<input type="checkbox"/>
<input type="checkbox"/> Bed Wetting	<input type="checkbox"/> Fatigue	<input type="checkbox"/> Psoriasis
<input type="checkbox"/> Blood Pressure	<input type="checkbox"/> Fluid Retention	<input type="checkbox"/> Rapid Heartbeat
___ High	<input type="checkbox"/> Frequent Urination	<input type="checkbox"/> Scoliosis
___ Low	<input type="checkbox"/> Gallbladder Trouble	<input type="checkbox"/> Sexual Dysfunction
<input type="checkbox"/> Blood Sugar	<input type="checkbox"/> Gas	<input type="checkbox"/> Shingles
___ High	<input type="checkbox"/> Hardened Arteries	<input type="checkbox"/> Sinus Trouble
___ Low	<input type="checkbox"/> Headache	<input type="checkbox"/> Skin Trouble
<input type="checkbox"/> Boils	<input type="checkbox"/> Heart Attack	(check all that apply)
<input type="checkbox"/> Bronchitis	<input type="checkbox"/> Hoarseness	___ Acne
<input type="checkbox"/> Bruise Easily	<input type="checkbox"/> Hormone Imbalance	___ Blemish
<input type="checkbox"/> Cancer	<input type="checkbox"/> Hot Flashes	___ Dry
<input type="checkbox"/> Chest Pain	<input type="checkbox"/> Incontinence	___ Oily
<input type="checkbox"/> Colds	<input type="checkbox"/> Indigestion	___ Other_____
<input type="checkbox"/> Colitis	<input type="checkbox"/> Infections	<input type="checkbox"/> Sprain/Strain
<input type="checkbox"/> Constipation	<input type="checkbox"/> Infertility	<input type="checkbox"/> Stomach Pain
<input type="checkbox"/> Cough	<input type="checkbox"/> Kidney Infection	<input type="checkbox"/> Strep Throat
<input type="checkbox"/> Cramps	<input type="checkbox"/> Kidney Stones	<input type="checkbox"/> Stroke
<input type="checkbox"/> Crohn's	<input type="checkbox"/> Leg Pain	<input type="checkbox"/> Swelling of Ankles
<input type="checkbox"/> Crossed Eyes	<input type="checkbox"/> Loss of Sleep	<input type="checkbox"/> Thyroid Trouble
<input type="checkbox"/> Deafness	<input type="checkbox"/> Menopause	<input type="checkbox"/> Tonsillitis
<input type="checkbox"/> Dental Problems	<input type="checkbox"/> Menstrual Problems	<input type="checkbox"/> Tremors
<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Nausea	<input type="checkbox"/> Varicose Veins
<input type="checkbox"/> Difficult Breathing	<input type="checkbox"/> Neck Pain	<input type="checkbox"/> Other_____
<input type="checkbox"/> Difficult Digestion	<input type="checkbox"/> Nosebleeds	<input type="checkbox"/> Other_____
<input type="checkbox"/> Dizziness	<input type="checkbox"/> Numbness	<input type="checkbox"/> Other_____

Last eye exam by a doctor:_____

EXERCISE

___ None
 ___ Moderate
 ___ Daily
 ___ Heavy
 Explain_____

WORK ACTIVITY

___ Sitting
 ___ Standing
 ___ Light labor
 ___ Heavy labor
 Explain_____

HABITS

___ Smoking Pack/Wk _____
 ___ Alcohol Drinks/Day _____
 ___ Coffee/Caffeine Cups/Day _____
 ___ High Stress Reason _____
 Other_____

HEALTH HISTORY Page 2

Injuries/Surgeries you have had:	Description	Date
Falls	_____	_____
Head Injuries	_____	_____
Broken Bones	_____	_____
Dislocations	_____	_____
Surgeries	_____	_____
Auto Accidents	_____	_____
Other	_____	_____

Hospitalizations:	Reason	Date
_____	_____	_____
_____	_____	_____
_____	_____	_____

Are you pregnant? No Yes Due Date _____ Do you use contraceptives? No Yes
 Blood type? _____ Unknown Any known allergies? _____
 Do you ever have impairment of bowel or urinary function? Y N

Please list any vitamins, minerals, herbs, over the counter medications, or prescriptions you are currently taking or have taken in the past three months.

<u>Name</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Name</u>	<u>Dosage</u>	<u>Frequency</u>
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

FAMILY HISTORY

	Relative	Age if living	Age at death	Cause of death	State of health including any medical diagnoses
<input type="checkbox"/> Unknown	Father	_____	_____	_____	_____
<input type="checkbox"/> Unknown	Mother	_____	_____	_____	_____
<input type="checkbox"/> Unknown	Sister(s)	_____	_____	_____	_____
<input type="checkbox"/> Unknown	Brother(s)	_____	_____	_____	_____
	Maternal				
<input type="checkbox"/> Unknown	Grandfather	_____	_____	_____	_____
	Maternal				
<input type="checkbox"/> Unknown	Grandmother	_____	_____	_____	_____
	Paternal				
<input type="checkbox"/> Unknown	Grandfather	_____	_____	_____	_____
	Paternal				
<input type="checkbox"/> Unknown	Grandmother	_____	_____	_____	_____
	Other				